



COVID-19 Self-Assessment Test for Participants

1.	Do you have any of the following symptoms?*		
	– Fever (greater than 38.0°C)	YES	NO
	– Cough	YES	NO
	– Shortness of Breath/Difficulty Breathing	YES	NO
	– Sore Throat	YES	NO
	– Runny Nose	YES	NO
2.	Has anyone in your household experienced any of the above symptoms in the last 14 days?*	YES	NO
3.	Have you, or anyone in your household travelled outside of Canada in the last 14 days?*	YES	NO
4.	Have you, or anyone in your household been in contact*** in the last 14 days with someone who is being investigated or confirmed to be a case of COVID-19?*	YES	NO
5.	Are you currently being investigated as a suspect case of COVID-19?*	YES	NO
6.	Have you tested positive for COVID-19 within the last 14 days?*	YES	NO

**If you answer 'YES' to questions 1 and/or 2, please refer to the Ringette Saskatchewan Symptoms or Positive COVID-19 Test chart.*

*** If you answer 'YES' any or all of questions 3-6, you will not be permitted to participate in any ringette activities for 14 days.*

***Close Contact – a person who lived with or otherwise had prolonged contact (within two metres) with a probable or confirmed case up to 48 hours prior to symptom onset while the case was symptomatic and not self-isolating

***Non-Close Contact – a person who lived with or otherwise had prolonged contact but **was not within two metres** of a case up to 48 hours prior to symptom onset or while the case was symptomatic and not self-isolating