



RINGETTE
SASKATCHEWAN

CHILDREN'S RINGETTE COACH GUIDELINES

FUNDAMENTALS 1

Introduction to the Program

How Associations choose to split their teams during intra-club games is up to them. Fundamentals 1 and 2 are not subject to player pick-up/affiliate player policies. Groups can utilize participants from another team during league play. For Jamborees, groups can register multiple teams, however participants may only participate with one team per jamboree and a team roster form must be submitted to the jamboree/tournament director.

Player Registration

Participants

- Under 9 years of age for the 2020-2021 season
- Under 10 years of age for the 2021-2022 season

Skill Level

Participants in this stage may have never played ringette before, have limited skating ability and wish to learn the sport of ringette

Team Formation

Group Size

- 9-12 athletes

Team Size

- Maximum of 12 athletes
- Teams are used for attending jamborees and formal competitions
- Participation in formal competition is optional to athletes

Coach Certification

Groups and teams are required to have a minimum of 2 CSI-trained coaches, one of which is a certified female 18 or older

- Coaches must also complete Make Ethical Decisions, Coach Initiation in Sport, and Respect in Sport modules
- Coaches must also provide a Criminal Record Check and Vulnerable Sector Check to their local association

There is no limit on the number of Activity Leaders assigned to a group or team

- Activity leaders must complete Make Ethical Decisions, Coach Initiation in Sport, and Respect in Sport modules
- Activity Leaders must also provide a Criminal Record Check and Vulnerable Sector Check to their local association

Competition Format

Intra-Group Games

- Balanced teams are formed at the beginning of an ice time for the participants present
- Games and practice activities can happen during the same ice time

Program and Session Length

Program Length

- 2 programs per season – 3 months in length

- October to December
- January to March
- Athlete Placement Evaluations will be conducted at the beginning of each program

Session Length

- Groups will have 1-2 sessions per week
 - Minimum 45 minutes, maximum 60 minutes in length

Terms of Reference

Acting Official

- A registered Coach or Activity Leader who has completed the Coach/Activity Leader certification requirements

Group

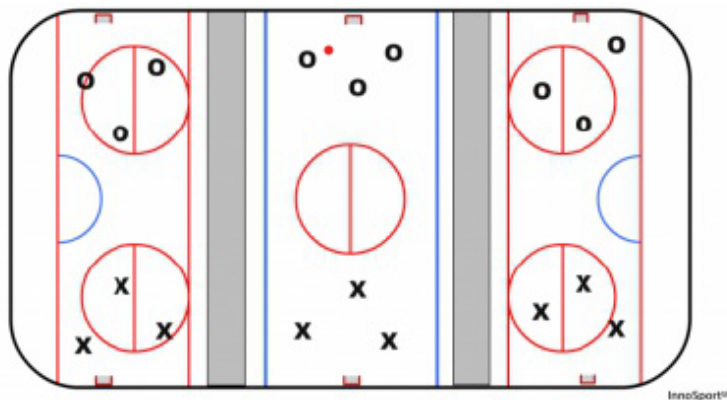
- Participants grouped based on their ability to have meaningful, developmentally appropriate practice and competition experiences

Team

- Participants from the group put together for formal competition/jamborees

Cross Ice Ringette

- 1 sheet of ice is divided into 3 sections at the Ringette Lines



Passing Line

- There is no passing line in Fundamentals 1

Crease

- There is no crease in Fundamentals 1

Game Set-Up Format

Playing Surface – Cross Ice

- Nets placed against boards near the hash marks
- 2-3 cross-ice games can be played on 1 sheet of ice simultaneously

Equipment

- Reduced-size nets
- Standard ring
- Dividers between games (recommended)

Game Play

Players

- 3 versus 3, no specific positions

- No goalies

Coaches/Activity Leaders

- Should be on the ice with 1-2 coaches/activity leaders supporting each mini game being played

Officials

- No officials in Fundamentals 1
- After an infraction, play is continued but the coach/activity leader will give the player a verbal reminder and stop the play if player safety is at risk

Time and Scorekeeping

- Not required in Fundamentals 1

Changing Ends

- Teams will use the same end/net for the entirety of the game

Benches

- Use of benches will be determined by the number of mini-games being played on the ice sheet
 - 2 mini-games – teams are able to use benches if wanted, but players can wait for their shift in the neutral zone between mini-games
 - 3 mini-games – recommended that teams use benches to limit the number of players on the ice

Rules and Guidelines

Starting the Game

- Visiting team starts with the ring on their half of the ice and the defending team starts on their half of the ice

After a Goal

- Team that scored backs off and the team that was scored against gets possession of the ring

Ring Leaves Play

- Coaches/Activity Leaders throw ring back into play

Penalties

- Stop for unintentional dangerous play and provide verbal explanation before continuing play using the restart option above
- Have player sit-out if dangerous play is repeated

Violations

- Violations will not be enforced in Fundamentals 1, coaches and activity leaders should use verbal cues to ensure safety is maintained

FUNDAMENTALS 2

Introduction to the Program

How Associations choose to split their teams during intra-club games is up to them. Fundamentals 1 and 2 are not subject to player pick-up/affiliate player policies. Groups can utilize participants from another team during league play. For Jamborees, groups can register multiple teams, however participants may only participate with one team per jamboree and a team roster form must be submitted to the jamboree/tournament director.

Player Registration

Participants

- Under 9 years of age for the 2020-2021 season
- Under 10 years of age for the 2021-2022 season

Skill Level

Participants in this stage may have never played ringette before, have limited skating ability and wish to learn the sport of ringette

Team Formation

Group Size

- 9-12 athletes

Team Size

- Maximum of 12 athletes
- Teams are used for attending jamborees and formal competitions
- Participation in formal competition is optional to athletes

Coach Certification

Groups and teams are required to have a minimum of 2 CSI-trained coaches, one of which is a certified female 18 or older

- Coaches must also complete Make Ethical Decisions, Coach Initiation in Sport, and Respect in Sport modules
- Coaches must also provide a Criminal Record Check and Vulnerable Sector Check to their local association

There is no limit on the number of Activity Leaders assigned to a group or team

- Activity leaders must complete Make Ethical Decisions, Coach Initiation in Sport, and Respect in Sport modules
- Activity Leaders must also provide a Criminal Record Check and Vulnerable Sector Check to their local association

Competition Format

Intra-Group Games

- Balanced teams are formed from a group
- Can be scheduled league games or exhibition games between 2 associations

Program and Session Length

Program Length

- 2 programs per season – 3 months in length
- October to December

- January to March
- Athlete Placement Evaluations will be conducted at the beginning of each program

Session Length

- Groups will have 1-2 sessions per week
 - Minimum 45 minutes, maximum 60 minutes in length

Terms of Reference

Acting Official

- A registered Coach or Activity Leader who has completed the Coach/Activity Leader certification requirements

Group

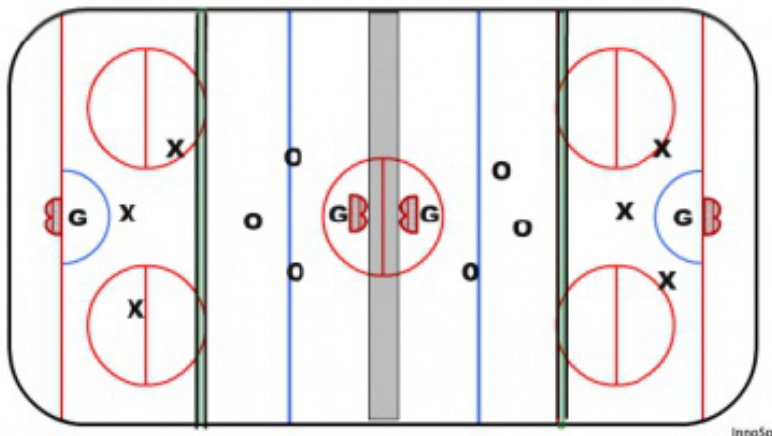
- Participants grouped based on their ability to have meaningful, developmentally appropriate practice and competition experiences

Team

- Participants from the group put together for formal competition/jamborees

Half Ice Ringette

- 1 sheet of ice is divided into 2 sections at the Centre Line



Passing Line

- There is 1 passing line in Fundamentals 2
- This line is hand-drawn by a coach/activity leader through the middle of the Free-Pass Circles in each end a mini-game is being played

Crease

- The crease is hand-drawn at each net by a coach/activity leader

Game Set-Up Format

Playing Surface – Half Ice

- Nets placed behind goal line and blue line
- 2 half-ice games can be played on 1 sheet of ice simultaneously

Equipment

- Reduced-size nets
- Standard ring
- Bingo dabber to draw line and creases
- Dividers between games (recommended)

Game Play

Players

- 3 versus 3, no specific positions
- 1 goalie per team, stick only

Coaches/Activity Leaders

- Should be on the ice with 1-2 coaches/activity leaders supporting each mini game being played

Officials

- 1 official in Fundamentals 2
- After an infraction, play is stopped and the ring is awarded to the non-offending team as a goalie ring with a 5-count

Time and Scorekeeping

- Timekeeping will be at the discretion of local association rules
- Two, 16-minute periods with stop-time shift changes every 2 minutes is recommended
- No official scorekeeping is required in Fundamentals 2
 - Scores will not be posted on the score board
- Goal caps will be at the discretion of local association rules

Changing Ends

- Teams are able to change ends at the end of a period if they choose

Benches

- It is recommended that teams utilize benches if there is 2 half-ice mini-games occurring on 1 sheet of ice

Rules and Guidelines

Starting the Game

- Visiting team starts with a goalie free pass from inside the crease

After a Goal

- Team that scored retreats to their half of the ice surface and the team that was scored against is awarded a goalie ring

Ring Leaves Play

- Coaches/Activity Leaders throw ring back into play

Goalie Ring

- A verbal 5-count from the official however, allow enough time to throw, prompt if necessary

Passing Line

- Referred to as the “blue line” in Ringette Canada’s Official Rules
- One hand-drawn blue line will be used
- Allow for do-overs, and avoid stopping play if there was an intent to pass

Crease Violations

- The official will call the play down if a participant does not make an effort to stay out of the crease while they have the ring or while defending
- As long as there is an intent to stay out of the crease the official will allow play to continue
- Verbal cues should be given to remind participants to stay out of the crease

Penalties

- After an infraction, play is stopped and the ring is awarded to the non-offending team as a goalie ring with a 5-count

Violations

- Violations will not be enforced in Fundamentals 2, coaches, activity leaders, and officials should use verbal cues to ensure safety is maintained