 **Canada Winter Games 2019**

December 2 & 3

Location: Regina/Balgonie

**Schedule**

**SATURDAY DEC 2/17**

Game: 3:30pm Green/White @ the Balfour Arena (Regina)

Game: 6:35pm Green/White @ the Balgonie Arena (Balgonie)

**SUNDAY DEC 3/17**

Fitness at Adrenaline Strength & Conditioning: 1301 Osler Street

GROUP 1 @ 9:30AM GROUP 2 @ 11:00AM GROUP 3 @ 12:30PM

Game: 2:40pm Green/White game @ Cooperators (Regina)