



RAS High Performance Coaching Program

Ringette Saskatchewan has introduced a High-Performance Coaching Program to enhance more coaches being certified in NCCP Competition Development. You will find attached the NCCP Competition-Development Multi-Sport Modules schedule from the Coaches Association of Saskatchewan as well as the Ringette Specific Competition development course.

Also attached to this will be the Competition Development Pathway to help assist coaches in becoming NCCP Competition Development trained.

We will be adapting this program yearly to meet the needs of our High-Performance coaches.

Criteria for this program:

- Need to be coaching a high-performance team this year (U16 – Open “A/AA”)
- Need to have expressed interest in applying as one of our Canada Winter Games coaches
- Modules from the Coaching Association and the Ringette Specific modules will be funded if taken in this current year.

This RAS High Performance Coaching Program will be issued on a reimbursement basis. The application for assistance is enclosed. Receipts for expenses related to this program must be attached. Application for assistance can be made when the above criteria have been met. The amount of money will be distributed dependent on the number of individuals interested in this program.

Application deadline will be at the end of fiscal year May 31.

If you have any questions, please contact the office.

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Competition Development Pathway

Multi-Sport Modules Training:

- Developing Athletic Abilities
- Coaching and Leading Effectively
- Prevention and Recovery
- Manage a Sport Program
- Performance Planning

***These MUST be completed prior to registering for Ringette Sport-Specific Training*

Ringette Sport-Specific Training:

- Planning a Practice
- Analyze Technical and Tactical Performance

IN-TRAINING STATUS

Multi-Sport Modules Training:

- Managing Conflict
- Leading a Drug-Free Sport
- Psychology of Performance

***These can be completed any time along this pathway but are required to reach trained status*

TRAINED STATUS

Complete Multi-Sport online Evaluations:

- Making Ethical Decisions
- Managing Conflict
- Leading a Drug-Free Sport

Register for Comp Dev Evaluation Process on coachingringette.ca

Complete Portfolio: Register and submit online at coachingringette.ca

Observation Evaluation:

- Practice
- Competition

***The portfolio must be successfully completed prior to completing the on-ice evaluation component*

CERTIFIED STATUS

Maintenance of Certification: Accumulate 30 PD points over 5 years. Monitored by CAC in the Locker

Coaches Association of Saskatchewan 2021 Upcoming Courses

Date	Time	Module	City
January 4 - January 6	6:00 pm - 9:00 pm	<u>NCCP Coaching and Leading Effectively</u>	ONLINE
January 6	6:00 pm - 9:30 pm	<u>NCCP Make Ethical Decision</u>	ONLINE
January 8 - January 9	6:00 pm - 11:30 am	<u>NCCP Planning a Practice</u>	ONLINE
January 14	6:00 pm - 10:00 pm	<u>NCCP Basic Mental Skills</u>	ONLINE
January 20	6:00 pm - 9:30 pm	<u>NCCP Make Ethical Decisions</u>	ONLINE
January 22 - January 23	6:00 pm - 11:30 am	<u>NCCP Planning a Practice</u>	ONLINE
January 26	6:00 pm - 9:30 pm	<u>NCCP Make Ethical Decisions</u>	ONLINE
January 29 - January 30	6:00 pm - 11:00 am	<u>NCCP Teaching and Learning</u>	ONLINE
February 2	6:00 pm - 9:30 pm	<u>NCCP Make Ethical Decisions</u>	ONLINE
February 5 - February 6	6:00 pm - 10:30 am	<u>NCCP Design a Basic Sport Program</u>	ONLINE
February 8 - February 9	6:00 pm - 9:30 pm	<u>NCCP Prevention and Recovery</u>	ONLINE
February 10	6:00 pm - 10:00 pm	<u>NCCP Basic Mental Skills</u>	ONLINE
February 17	6:00 pm - 9:30 pm	<u>NCCP Make Ethical Decisions</u>	ONLINE

February 26 - February 27	6:00 pm - 11:30 am	NCCP Planning a Practice	ONLINE
March 5 - March 6	6:00 pm - 11:30 am	NCCP Teaching and Learning	ONLINE
March 12 - March 13	6:00 pm - 11:30 am	NCCP Planning a Practice	ONLINE
March 16	6:00 pm - 9:30 pm	NCCP Make Ethical Decisions	ONLINE
March 26 - March 27	6:00 pm - 10:30 am	NCCP Design a Basic Sport Program	ONLINE
March 30	6:00 pm - 9:30 pm	NCCP Make Ethical Decisions	ONLINE

1. **Developing Athletic Abilities** – 7 hours, \$100
2. **Coaching and Leading Effectively** – 8.75 hours, \$125
3. **Prevention and Recovery** – 7.5 hours, \$100
4. **Manage a Sport Program** – 4 hours, \$75
5. **Performance Planning** – 12.25 hours, \$150
6. **Managing Conflict** – 4.5 hours, \$75
 - a) Evaluation - \$85
7. **Leading a Drug-Free Sport** – 3.5 hours, \$75
 - a) Evaluation - \$85
8. **Psychology of Performance** – 7 hours, \$100
9. **Planning a Practice** – 6 hours, \$50
10. **Making Ethical Decisions** – 3.5 hours, \$50
 - a) Evaluation only – \$85



RAS High Performance Coaching Program
Reimbursement Form

Coaches Name:

Date:

Reimbursement sent to: Name:

Address:

Postal Code:

Staff Position:

Module	Date taken	Expenses Accrued	Amount Requesting

#of receipts sent:

Reimbursement Requested: \$

Signature of Coach:

Date: