



RAS High Performance Coaching Program

Ringette Saskatchewan has introduced a High Performance Coaching Program to enhance more coaches being certified in NCCP Competition Development. You will find attached the NCCP Competition-Development Multi-Sport Modules schedule from the Coaches Association of Saskatchewan as well as the Ringette Specific Competition development course.

Also attached to this will be the Competition Development Pathway to help assist coaches in becoming NCCP Competition Development trained.

We will be adapting this program yearly to meet the needs of our High Performance coaches.

Criteria for this program:

- Need to be coaching a high performance team this year (U16 – Open “A/AA”)
- Need to have expressed interest in applying as one of our Canada Winter Games coaches
- Modules from the Coaching Association and the Ringette Specific modules will be funded if taken in this current year.

This RAS High Performance Coaching Program will be issued on a reimbursement basis. The application for assistance is enclosed. Receipts for expenses related to this program must be attached. Application for assistance can be made when the above criteria have been met. The amount of money will be distributed dependent on the number of individuals interested in this program.

Application deadline will be at the end of our fiscal year May 31, 2019.

If you have any questions, please contact the office.

Ruchelle Himmelspeck

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Competition Development Pathway

*In no particular order, courses listed as 1-5 must be completed prior to attending Ringette Specific training.

Multi Sport Training

1. Developing Athletic Abilities – 11hrs (includes 2 hr pre-course e-learning) Cost: \$60
2. Coaching and Leading Effectively – 12hrs Cost: \$60
3. Prevention and Recovery - Cost: \$60
4. Performance Planning – Cost \$60
5. Manage a Sport Program – Cost \$60

Ringette Specific – Competition Development - \$350 – Runs all weekend including Friday and usually includes some of either the Thursday before or the Monday after the clinic.

- A. Planning a Practice
- B. Analyze Technical and tactical Performance

-----IN TRAINING STATUS-----

Multi Sport Training

6. Managing Conflict – 4.5hrs Cost: \$60
7. Leading a Drug Free Sport – 3hrs Cost: \$60
8. Psychology of Performance – 7hrs Cost: \$60

-----TRAINED STATUS-----

Complete Multi Sport Evaluations

- Making Ethical Decisions (MED) – CD
- Managing Conflict
- Leading a Drug Free Sport

*Note 30 PD points are also required by the deadline indicated in The NCCP Locker. You will obtain 5 PD points per NCCP module.

NCCP Competition - Development



The Competition - Development context is designed for coaches of athletes ranging from the Train to Train to the Train to Compete stages of long-term athlete development.

The Multi-sport modules that are available for this context are:

- Advanced Practice Planning
- Coaching and Leading Effectively
- Developing Athletic Abilities
- Leading Drug Free Sport
- Manage a Sport Program
- Managing Conflict
- Performance Planning
- Prevention and Recovery
- Psychology of Performance

2018 Schedule

Dates	Module	City
September 14 & 15	Coaching and Leading Effectively	Saskatoon
September 16	Psychology of Performance	Saskatoon
September 23	Prevention and Recovery	Regina
October 21	Leading Drug Free Sport	Saskatoon
October 21	Managing Conflict	Saskatoon
October 26	Manage a Sport Program	Regina
October 27 & 28	Performance Planning	Regina
October 28	Advanced Practice Planning	Regina
November 2 & 3	Developing Athletics Abilities	Regina
November 4	Leading Drug Free Sport	Regina
November 4	Managing Conflict	Regina
November 16 & 17	Coaching and Leading Effectively	Regina
November 18	Psychology of Performance	Regina
November 23	Manage a Sport Program	Saskatoon
November 24 & 25	Performance Planning	Saskatoon
November 25	Advanced Practice Planning	Saskatoon

To register online, visit <http://www.coach.ca>



RAS High Performance Coaching Program

Reimbursement form

Coaches Name:

Date:

Reimbursement sent to: Name:

Address:

Postal Code:

Staff Position:

Module	Date taken	Expenses Accrued	Amount Requesting

#of receipts sent:

Reimbursement Requested: \$

Signature of Coach:

Date: