

RAS High Performance Coaching Program

Ringette Saskatchewan has introduced a High Performance Coaching Program to enhance more coaches being certified in NCCP Competition Development. You will find attached the NCCP Competition-Development Multi-Sport Modules schedule from the Coaches Association of Saskatchewan as well as the Ringette Specific Competition development course.

Also attached to this will be the Competition Development Pathway to help assist coaches in becoming NCCP Competition Development trained.

We will be adapting this program yearly to meet the needs of our High Performance coaches.

Criteria for this program:

- Need to be coaching a high performance team this year (U16 Open "A/AA")
- Need to have expressed interest in applying as one of our Canada Winter Games coaches
- Modules from the Coaching Association and the Ringette Specific modules will be funded if taken in this current year.

This RAS High Performance Coaching Program will be issued on a reimbursement basis. The application for assistance is enclosed. Receipts for expenses related to this program must be attached. Application for assistance can be made when the above criteria have been met. The amount of money will be distributed dependent on the number of individuals interested in this program.

Application deadline will be at the end of our fiscal year May 31, 2018 as another Ringette Specific module will be happening in the beginning of May. That date will be posted as soon as Ringette Canada releases the date.

No reimbursement prior to will be accepted.

If you have any questions, please contact the office.

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NCCP Competition - Development



The Competition - Development context is designed for coaches of athletes ranging from the Train to Train to the Train to Compete stages of long-term athlete development.

The Multi-sport modules that are available for this context are:

- · Advanced Practice Planning
- · Coaching and Leading Effectively
- · Developing Athletic Abilities
- · Leading Drug Free Sport
- · Manage a Sport Program
- Managing Conflict
- Performance Planning
- · Prevention and Recovery
- · Psychology of Performance

2017 Fall Schedule

Dates	Module	City	
Oct 21	Prevention and Recovery	Saskatoon	
Oct 22	Leading Drug Free Sport	Saskatoon	
Oct 22	Managing Conflict	Saskatoon	
Oct 27	Manage a Sport Program	Saskatoon	
Oct 28 & 29	Performance Planning	Saskatoon	
Oct 29	Advanced Practice Planning	Saskatoon	
Nov 3 & 4	Developing Athletics Abilities	Regina	
Nov 17 & 18	Coaching and Leading Effectively	Saskatoon	
Nov 19	Psychology of Performance	Saskatoon	
Nov 24 & 25	Developing Athletic Abilities	Saskatoon	
Nov 25	Leading Drug Free Sport	Regina	
Nov 25	Managing Conflict	Regina	
Dec 1	Manage a Sport Program	Regina	
Dec 2 & 3	Performance Planning	Regina	
Dec 3	Advanced Practice Planning	Regina	

To register online, visit http://www.coach.ca

Ringette Specific

Ringette Specific – Competition Development - \$350

- A. Performance Planning
- B. Planning a Practice
- C. Analyze Technical and tactical Performance



RAS High Performance Coaching Program

Reimbursement form

Coaches Name:			
Date:			
Reimbursement sent to:	Name:		
	Address:		
	Postal Code:		
	Staff Position:		
Module	Date taken	Expenses Accrued	Amount Requesting
#of receipts sent:		Reimbursement Requested: \$	
Signature of Coach:		Date <u>:</u>	