



RAS High Performance Coaching Program

Ringette Saskatchewan has introduced a High Performance Coaching Program to enhance more coaches being certified in NCCP Competition Development. You will find attached the NCCP Competition-Development Multi-Sport Modules schedule from the Coaches Association of Saskatchewan as well as the Ringette Specific Competition development course.

Also attached to this will be the Competition Development Pathway to help assist coaches in becoming NCCP Competition Development trained.

We will be adapting this program yearly to meet the needs of our High Performance coaches.

Criteria for this program:

- Need to be coaching a high performance team this year (U16 – Open “A/AA”)
- Need to have expressed interest in applying as one of our Canada Winter Games coaches
- Modules from the Coaching Association and the Ringette Specific modules will be funded if taken in this current year.

This RAS High Performance Coaching Program will be issued on a reimbursement basis. The application for assistance is enclosed. Receipts for expenses related to this program must be attached. Application for assistance can be made when the above criteria have been met. The amount of money will be distributed dependent on the number of individuals interested in this program.

Application deadline will be at the end of our fiscal year May 31, 2017 as another Ringette Specific module will be happening in the beginning of May. That date will be posted as soon as Ringette Canada releases the date.

No reimbursement prior to will be accepted.

If you have any questions, please contact the office.

Ruchelle Himmelspeck

Executive Director Ringette Saskatchewan

Ph. (306)780-9432

Fax (306)780-9460

Email: executivedirector@ringettesask.com

NCCP Competition - Development

The Coaches Association of Saskatchewan is delivering the NCCP Competition - Development Multi-sport modules:

2016 Fall Schedule

MODULE	COMMUNITY	DATES	TIMES
Psychology of Performance	Regina	October 1	9:00 am - 5:00 pm
	Saskatoon	November 5	9:00 am - 5:00 pm
Coaching & Leading Effectively	Regina	October 21 & 22	7:00pm – 9:30pm & 8:30am – 5:00pm
	Saskatoon	November 25 & 26	7:00 - 9:30 pm & 8:30 am - 5:00 pm
Leading Drug Free Sport	Saskatoon	October 15	8:30 am - 12 noon
	Regina	November 19	8:30 am - 12 noon
Managing Conflict	Saskatoon	October 15	1:00 - 5:30 pm
	Regina	November 19	1:00 - 5:30 pm
Prevention & Recovery	Saskatoon	October 16	8:30 am - 5:00 pm
	Regina	November 20	8:30 am - 5:00 pm
Developing Athletics Abilities	Saskatoon	October 28 & 29	7:00 - 9:30 pm & 8:30 am - 5:00 pm
	Regina	December 2 & 3	7:00 - 9:30 pm & 8:30 am - 5:00 pm
Performance Planning	Saskatoon	September 17 & 18	9:30am - 5:00pm & 9:00am - 4:00pm
Manage a Sport Program	Regina	October 2	8:30am - 12:30pm
Advanced Practice Planning	Regina	October 2	1:30pm - 6:30pm

Cost: \$60 per module

Registration will open mid August.

If you have any questions, please contact Greg Perreux at [\(306\) 780-9313](tel:3067809313) or at gperreux@sasksport.sk.ca.

Ringette Specific

Ringette Specific – Competition Development - \$350 – Beginning Friday morning thru Monday Noon

- A. Performance Planning
- B. Planning a Practice
- C. Analyze Technical and tactical Performance

Offered weekend of October 7, 2016 in Toronto

Another date will be released for May. We will update everyone when Ringette Canada releases it.



RAS High Performance Coaching Program
Reimbursement form

Coaches Name:

Date:

Reimbursement sent to: Name:

Address:

Postal Code:

Staff Position:

Module	Date taken	Expenses Accrued	Amount Requesting

#of receipts sent:

Reimbursement Requested: \$

Signature of Coach:

Date:

Ringette NCCP Competition-Development Coach Pathway

START HERE

** Must be coaching U16AA or higher**

Multi-Sport Modules Training:

1. Developing Athletic Abilities
2. Coaching and Leading Effectively
3. Prevention and Recovery

Complete online registration and pre-course tasks on coachingringette.ca

Ringette-Specific Modules Training:

- A. Performance Planning
- B. Planning a Practice
- C. Analyze Technical and Tactical Performance
- D. Managing a Sport

IN-TRAINING STATUS

Multi-Sport Modules Training:

4. Managing Conflict
5. Leading a Drug-Free Sport
6. Psychology of Performance

TRAINED STATUS

Complete Multi-Sport online evaluations:

- Making Ethical Decisions (CD)
- Managing Conflict
- Leading a Drug-Free Sport

Register for Evaluation Process on coachingringette.ca:
Step 12

Complete Portfolio. Submit online on coachingringette.ca

Observation Evaluation:

- Practice
- Competition

Register online on [coachingringette .ca](http://coachingringette.ca) Step 13.

CERTIFIED STATUS

Maintenance of Certification

Accumulate 30 points over 5 years.
Monitored by CAC in the Locker.

Equivalency Information: Coaches who have completed Level 3 Theory will receive equivalency for the Psychology of Performance multi-sport module.

Mandatory Attendance: To be considered Trained, coaches must attend the entire Sport-Specific training module.