**Competition Development Pathway**

\*courses must follow this order for completion

Multi Sport Training

1. Developing Athletic Abilities – 11hrs (includes 2 hr pre-course e-learning) Cost: $60
2. Coaching and Leading Effectively – 12hrs Cost: $60
3. Prevention and Recovery Cost: $60

Ringette Specific – Competition Development - $350 – Beginning Friday morning thru Monday Noon

1. Performance Planning
2. Planning a Practice
3. Analyze Technical and tactical Performance

Offered weekend of October 7, 2016 in Toronto

------------------------------------IN TRAINING STATUS------------------------------------------------------------

Multi Sport Training

1. Managing Conflict – 4.5hrs Cost: $60
2. Leading a Drug Free Sport – 3hrs Cost: $60
3. Psychology of Performance – 7hrs Cost: $60

------------------------------------------TRAINED STATUS------------------------------------------------------------

Complete Multi Sport Evaluations

* Making Ethical Decisions (MED) – CD
* Managing Conflict
* Leading a Drug Free Sport

\*Note if the above 6 multi sport courses are taken all within the same calendar year the cost is only $300